



**Quick Confessions
Couples Edition**



INTRODUCTION

On the next slide, we've given you a list of real situations people have experienced in their relationships—some controversial, some funny, and some that will frustrate you. After you read, you both will take turns sharing your thoughts. And discuss how you would handle each situation or what advice you would give that person

INSTRUCTIONS

1. Choose a story (next slide)
2. Read it with your partner
3. Share your thoughts about each story
4. Answer, how would you handle the situation? And what advice would you give the person?
5. Enjoy! (make sure you read the comments under the story)

STORIES

- My husband is a glutton and it has given me food insecurity.
- My brother-in-law called me the one who got away in his speech and my husband is very hurt and it is my all fault.
- Should I contact a past colleague about a fake sexual harassment complaint?
- My mom is a disgusting whore.
- I (22 F) read my boyfriend's (22M) phone while he was sleeping and saw things I can't get out of my head