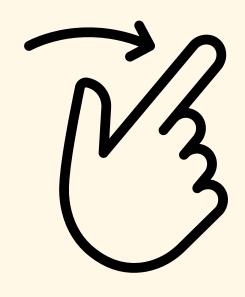


O TABLE OF CONTENTS

- 1. Title
- 2. Table of Contents
- 3. Goals
- 4. Introduction
- 5. Dessert Ranking Mukbang
- 6. Popular Fast Food Desserts
- 7. Questions
- 8. Set The Scene
- 9. Set The Scene (cont.)
- 10. Writing a Thoughtful Letter
- 11. Questions: 1-3 Months
- 12. Questions: 4-12 Months
- 13. Questions: 1+ Years
- 14. Conclusion
- 15. Thank you!



Q GOALS OF THE DATE

X

- Go out of your comfort zone
- Be reflective
- Learn something new about your partner

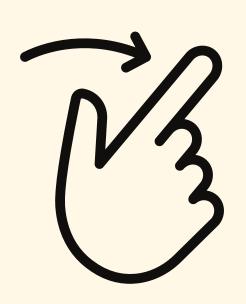
INTRODUCTION

The first activity gives you the opportunity to have the job we all wish we had. (At least, I wish I could have it)

It has a low barrier to entry and low time requirement, you might have to be a *little* entertaining, but if you're good at it... you can get paid an insane amount.

You'll be going to all of your favorite fast-food restaurants to see which one has the best dessert.

You and your partner will be critiquing the service, taste, quality, and overall experience.



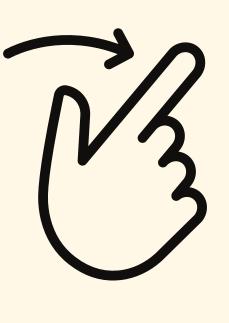


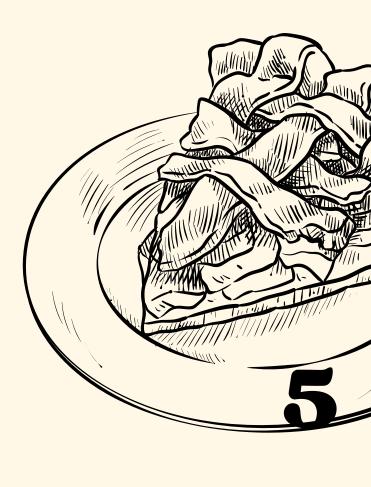


Dessert Ranking Mukbang

- 1. Choose 3 fast-food dessert options
- 2. Set up your phone to record
- 3. Try and rank each dessert 1-10
- 4. Answer the questions at the end
- 5. Enjoy!











McDonald's: Hot Fudge Sundae \$3.99

Burger King: Hershey's Sundae Pie \$4.89

Chick-fil-A: Frosted Lemonade \$6.49

Wendy's: Classic Frosty \$2.74

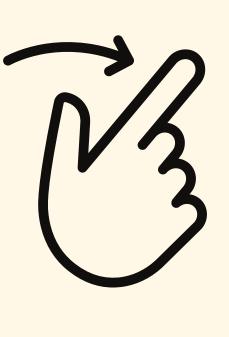
Dairy Queen: OREO Blizzard \$7.07

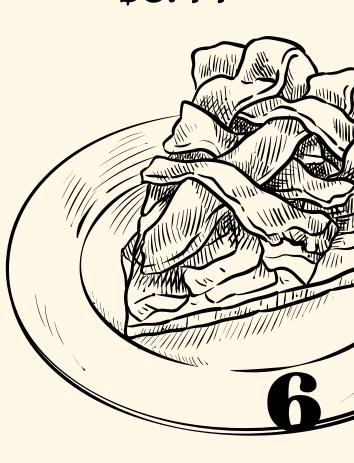
Panera: Chocolate Chipper \$3.79

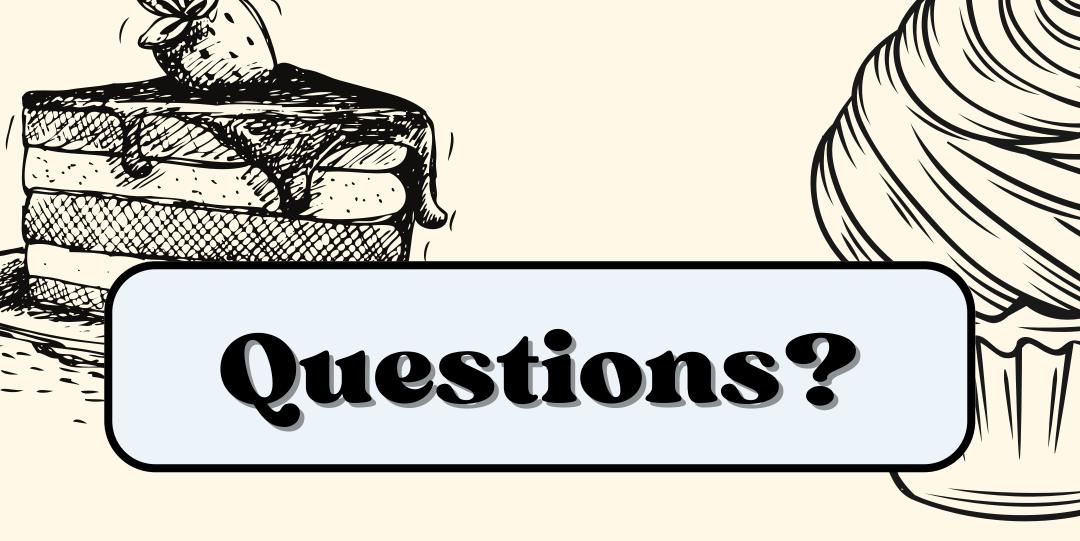
Taco Bell: Cinnamon Twist \$1.22

Jollibee: Peach Mango Pie \$3.44









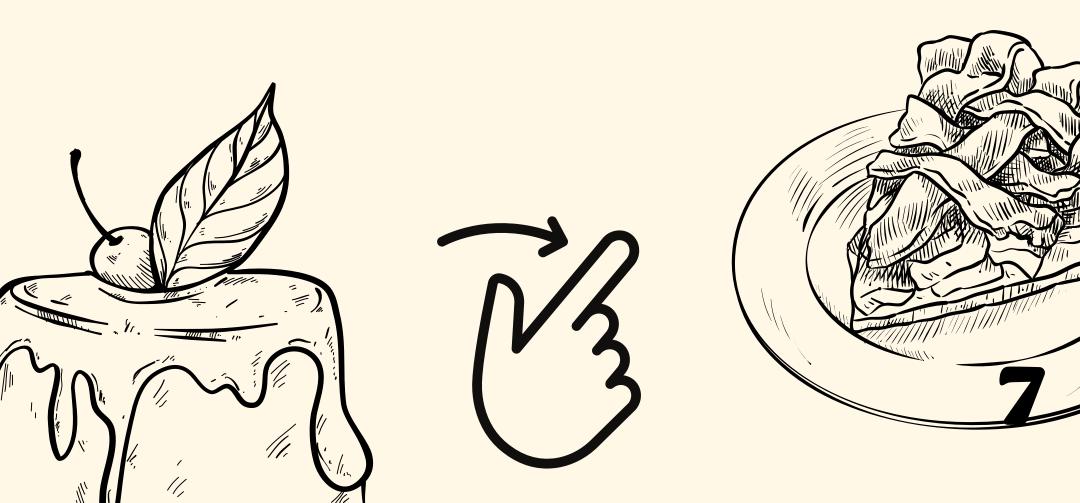
Which dessert was your favorite?

Which dessert disappointed you and which dessert surprised you?

In the future, what's one memory we're gonna look back on and think fondly of?

What is something that never fails to make you smile?

At any point in this date, were you nervous? And why?



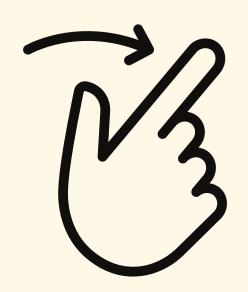
Set The Scene

If you think of one of your core memories, you can almost always attach an emotion to it.

So setting the right atmosphere and creating the right mood is going to be important in this next activity. Because the way you make them feel impacts how special the memory is.

This doesn't mean you have to do anything expensive or fancy, but be thoughtful and intentional.

Here are some ways you can set your scene:



Set The Scene (cont.)

Go to your favorite lookout spot and watch the sunset

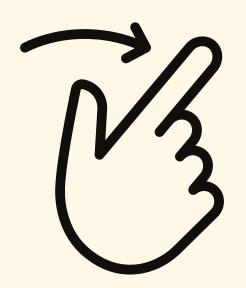
Play music to create the energy you want set

Light their favorite candle

Put blankets and cushions on the ground and have an indoor picnic

Chill your favorite drinks beforehand (Ex. wine, sparkling water, soda, etc.) and serve them in a nice cup

Dim the lights (only a little!)



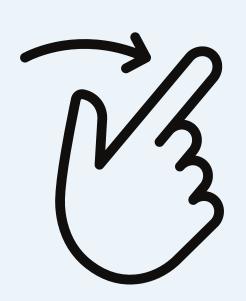
Writing A Thoughtful Letter

Everyone loves to get complimented, but what everyone loves even more is a handwritten note.

Sometimes we forget to show the person we love how much we appreciate them (this is where we can fix that).

Writing can be a challenge and it's hard to know where to start. To help you guys out we made some questions for you guys:

PS: The questions are sorted based on how long you and your partner have been together:)



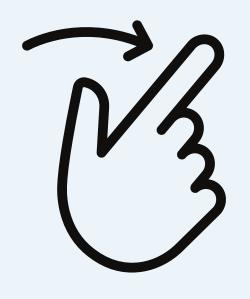
1-3 Months

What was your first impression of them?

When you think about them, what do you think about them?

What do you look forward to doing with them?

What are you most grateful for about them?



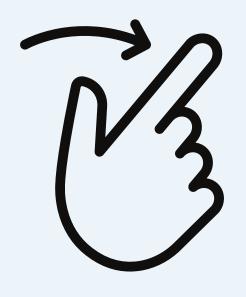
4-12 Months

What was your first impression of them?

When you think about them, what do you think about them?

What do you look forward to doing with them?

What are you most grateful for about them?



1+ Years

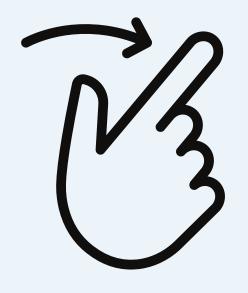
How have you seen your partner grow this past year?

What made you fall in love with them?

What role do you see them playing in your future?

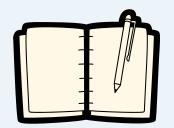
What would your life look like if they weren't in it?

What about them are you most proud of?



CONCLUSION

Feel free to leave us a comment and share with your friends! Let us know what things you liked and the things you think we could improve on. If you have any ideas of what we should do next or things you would like to see, let us know:)



THANK YOU SO MUCH!

